

Lista dei Kata dello Shito Ryu

<p>SHURI-TE (Maestro Itosu)</p> <p>1 Naifanchin Shodan, Nidan, Sandan 2 Pinan (Heian), Shodan, Nidan, Sandan, Yondan, Godan 3 Bassai Dai, Bassai Syo 4 Kosokun (Kanku o Kusyanku), Dai, Syo, Shiho Kosokun 5 Jitte, Jion, Jiin (origine Tomari-Te) 6 Rohai Shodan, Nidan, Sandan 7 Wansyu, Wankan, Wandan 8 Chintei, Chinto (Gankaku), Chinsyu 9 Goju Shiho (Useishi)</p>	<p>NAHA-TE</p> <p>1 Gekisai Dai Ichi, Dai Ni 2 Tensyo 3 Sanchin 4 Seienchin 5 Seisan 6 Saifa 7 Sanseiru 8 Seipai 9 Shisochin 10 Kururunfa 11 Suparinpei</p>
<p>TOMARI-TE (Maestro Aragaki)</p> <p>1 Nisheishi (Nijyushiho) 2 Shochin 3 Unsyu (Unsu)</p>	<p>TOMARI-TE</p> <p>1 Tomari no Wansyu (Empi) 2 Tomari no Bassai 3 Tomari Chinto 4 Tomari no Rohai</p>
<p>TOMARI-TE (Maestro Matsumora)</p> <p>1 Matsumora no Bassai 2 Matsumora no Rohai 3 Matsumora no Wankan 4 Matsumora no A-nan</p>	<p>KATA CINESI (Maestro Go Kenki)</p> <p>1 Haffa, Hakkaku 2 Papporen 3 Nipaipo</p>
<p>KATA CINESI (Maestro Nakaima)</p> <p>1 Pachyu 2 Heiku 3 Paiku 4 A-nan</p>	<p>KATA DI MABUNI KENWA</p> <p>1 Shinsei 2 Miojyo 3 Aoyagui (Seiryu) 4 Jyu Roku 5 Matsukaze (Wankan)</p>
<p>ALTRI</p> <p>1 Matsumora no Sesyan (Hangetsu) 2 Chantanyara no Kushyanku 3 Chibana no Kusyanku 4 Ishimine no Bassai</p>	<p>5 Kihan no Bassai 6 Oyadomari no Bassai 7 Shinpa 8 A-nanko</p>